

Biopsy Discharge Instructions

No driving for 24 hours: You are not to drive yourself home from the procedure or for the remainder of the day.

<u>Activity</u>: You may resume regular activities the day after the procedure. No heavy lifting over 15 pounds and no strenuous activity for 5 days.

<u>Biopsy Site:</u> Keep the biopsy site dry. Sponge bath only on the night of the procedure. You may remove the dressing and shower 24 hours after the procedure. Do not scrub the site, gently clean and pat dry. Please do not fully submerge the procedure site under water for 1 week (no tub baths and no swimming).

<u>Pain Control</u>: You may take Tylenol for pain. You may take Advil or Ibuprofen 2 days after the procedure unless contraindicated. Blood thinners may be resumed 2 days after the procedure or as instructed by prescribing physician.

Call us immediately if you experience any of the following:

- Temperature greater than 101°F
- Increasing redness, tenderness, or swelling at the procedure site
- Bleeding from the procedure site
- Increasing pain with or without activity
- Dizziness or lightheadedness
- Opening of biopsy site

If you have any questions or concerns, please call Radiology Associates of Atlanta at 404-352-1409