



Liver Ablation Discharge Instructions

No driving for 24 hours: You are not to drive yourself home from the procedure or for the remainder of the day. Do not drive while taking the prescribed pain medications (Percocet, Oxycodone, Hydrocodone, Tramadol, etc).

Medications: If you experience pain prior to discharge, you will be discharged with a for prescription pain and nausea medications. Take these medications as directed. Please avoid over-the-counter medications while taking your prescriptions, as this may result in adverse reactions.

If you begin to experience pain or nausea post discharge, please contact IR at **404-352-1409** and leave a voice mail regarding concerns (pain, nausea, etc.). Blood thinners and Metformin may be resumed 2 days after the procedure or as instructed by prescribing physician.

Activity: You may resume regular activities the day after the procedure. No heavy lifting over 15 pounds and no strenuous activity for 3 days.

Ablation Site: Keep the biopsy site dry. Sponge bath only on the night of the procedure. You may remove the dressing and shower 24 hours after the procedure. Do not scrub the site, gently clean and pat dry. Please do not fully submerge the procedure site under water for 1 week (no tub baths and no swimming).

Follow Up:

- ❖ You must obtain **lab-work 2 weeks** post ablation procedure. These orders will be placed by Hepatology; please contact **Stephanie Lee, RN**, for questions or concerns regarding labs.
 - **Phone number: 404-605-6266**
 - **Fax number: 770-916-7615**
 - Please reference this fax number if labs are acquired at facility other than Piedmont.
- ❖ **Schedule follow up appointment with Hepatologist**
- ❖ **Follow up imaging** (CT, MRI, or PET scan) will be ordered post Y90 administration to evaluate effectiveness of treatment. Imaging should be scheduled for approximately 1-3 months pending Hepatologist/Radiologist recommendations.

Call us *immediately* if you experience any of the following:

- ❖ Temperature greater than 101°F
- ❖ Increasing redness or swelling at the procedure site
- ❖ Increasing abdominal/chest pain or shortness of breath with or without activity
- ❖ Dizziness or lightheadedness
- ❖ Bleeding or opening of procedure site

**If you have any questions or concerns, please call
Radiology Associates of Atlanta at 404-352-1409**

*Please note, phone number provided will lead to an automated voicemail system. Please leave a voicemail and one of our team members will return your call promptly.

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